

UBS × SALOMON

SIERRE ZINAL[®]

LA COURSE DES CINQ 4000



SIERRE-ZINAL J-10

GET READY FOR RACE DAY !

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In just 10 days, you'll be lining up at the start of Sierre-Zinal.

Now is the time to prepare your arrival in Sierre, plan your journey to the Reception Area, and organise your return from Zinal after the race.

In this newsletter, you'll find all the practical information you need to make the most of your race day. We'll be back on **Wednesday 5 August (D-3)** with the final reminders before the big day!

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GETTING TO SIERRE-ZINAL

Trains, dedicated buses, parking, shuttle buses and return transport: find everything you need to plan your journey before and after the race.



HEAD TO THE RECEPTION AREA

Passing through the Reception Area is mandatory for all participants. We recommend arriving at the Reception Area 45 minutes before your start time to ensure you have enough time to reach the start line.

[PARTICIPANT ACCESS](#)



FROM THE RECEPTION AREA TO THE START LINE

Once your race bib has been checked at the Reception Area, simply follow the signposted route to the start line, approximately 600 metres away. The start line and the course remain unchanged. These temporary arrangements are due to the roadworks currently underway in Sierre and the development of the future start site, planned for 2027.

[VIEW THE MAP](#)



PLAN YOUR RETURN FROM ZINAL

Whether you're heading back straight after the race or later in the day, several return transport options are available.

From 12:00 pm to 7:45 pm

Shuttle buses run continuously to Sierre. The return journey is free for participants upon presentation of their race bib or finisher's medal.

Last regular bus: 8:47 pm

The last regular bus leaves Zinal at 8:47 pm.

Après la soirée

Two buses are available: 12:00 am to Vissoie and 2:00 am to Sierre.

[PLAN YOUR RETURN](#)

💡 *Your supporters can book their Zinal-Sierre ticket [online](#) in advance.*

[VIEW ALL TRANSPORT INFORMATION](#)

EVERYTHING YOU NEED TO FOLLOW YOUR RACE

Start lists, split times, rankings and results: all race-related information will be available online via the Datasport platform.



YOUR PERSONAL PAGE

Check your split times during and after the race. Then view your statistics, compare your performance and download your diploma.

[WHAT'S NEW](#)



ADD FAVOURITES

Your friends and family will be able to add you to their favourites, making it easy to find you in the start lists, rankings and results.

[FIND OUT MORE](#)



RANKINGS AND RESULTS

Follow the race as it unfolds, see the leading participants in each category and view your results.

[2026 RESULTS](#)



THE FIVE OBSTACLES RACE - AGES 4-9

A FEW PLACES ARE STILL AVAILABLE

On Friday 7 August, from 5:00 pm to 6:30 pm in Sierre, children can take part in the Five Obstacles Race!

Five obstacles to overcome, encouragement all along the course, and the excitement of crossing the finish line to a round of applause - a wonderful experience to enjoy and share as a family.

Registration is open, subject to availability.

[SIGN MY CHILD UP](#)

BEFORE YOU START

Race bib collection, start block and cut-off times: find all the essential information you need to prepare for your race.



RACE BIB COLLECTION

Collect your race bib at Sierre Town Hall by following the on-site signs to the dedicated entrance.

Friday 7 August

1:30 pm - 7:30 pm

Saturday 8 August

If you collect your race bib on Saturday morning, make sure to do so **no later than 1 hour and 15 minutes before** your start time. After that, you may miss your start block.

Friday collection remains the recommended option.

START BLOCK

Start times by category:

Tourists: between 4:45 am and 6:15 am

Juniors: 10:15 am

Runners - Women: 10:30 am

Runners - Mixed: between 11:00 am and 11:20 am

Your start block will be confirmed by e-mail on **Monday 3 August**, five days before the race, by our official timing partner, **Datasport**.

The estimated finish time provided during registration can no longer be changed.

COLLECT MY RACE BIB

CUT-OFF TIMES



NEW ROAD CLOSURE IN 2026

Due to the elite women's start at 10:30 am, the road between the Finges start area and the Val d'Anniviers will be temporarily closed in both directions from 10:25 am to 10:35 am. **Please plan your journey accordingly.**

Traffic will be interrupted:

4:40

5:40

10:25

10:55

to
5h25am

to
6:25am

to
10:35am

to
11:30am

Other traffic restrictions will also apply on the road down from Zinal and on the road to Chandolin. Please allow extra time for your journey.

[VIEW ALL TRAFFIC RESTRICTIONS](#)



VISIT THE SHOP IN SIERRE & ZINAL

Make the most of your Siere-Zinal weekend to discover the 2026 Collection and choose your favourite items:

Friday in Siere

Saturday in Zinal

The collection is also available online!

[VISIT THE SHOP](#)

In just ten days, you'll be setting off on the Sierre-Zinal trails.
Until then, be sure to check our website regularly for the latest information.
We look forward to welcoming you to the 53rd edition!

Are your friends and family coming to cheer you on?

Share this information with them so they can plan their day and make the most of the race.↓



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Sierre-Zinal: one course, a thousand ways to live it

- The Sierre-Zinal Team

Information is subject to change. The race regulations, instructions issued by the authorities and on-site signage shall prevail. Latest updates: sierre-zinal.com





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