



UBS × SALOMON

SIERRE ZINAL® 
LA COURSE DES CINQ 4000



SIERRE-ZINAL: 2 DAYS TO GO

THE 53RD EDITION IS UNDERWAY!

PRESS RELEASE

6 AUGUST 2026

SIERRE-ZINAL 2026: AN EXCEPTIONAL FIELD READY TO TAKE ON THE RACE

With two days to go until the start, Sierre and the Val d'Anniviers are preparing to welcome participants, the world's leading mountain running specialists and the thousands of spectators expected along the course.

On Saturday 8 August, the 53rd edition of Sierre-Zinal will bring together 6,850 participants representing 86 nationalities over the 31 kilometres of the legendary Course des Cinq 4000.

AN INTERNATIONAL FIELD OF EXCEPTIONAL DEPTH

Sierre-Zinal winners, mountain running champions, leading Golden Trail World Series athletes and specialists in road running, orienteering and cross-country skiing will line up at the start.

Among the main athletes announced:

WOMEN

Maude Mathys · Oria Liaci · Caroline Kimutai · Madalina Florea · Laura Hottenrott · Miao Yao · Sara Alonso · Anna Gibson · Nienke Brinkman · Jessie Diggins

MEN

Philemon Kiriago · Adrien Briffod · Elhousine Elazzaoui · Patrick Kipngeno · Andreu Blanes · Brayan Rodriguez · Martin Nilsson · Christian Allen · Daniel Pattis · Taylor Stack

The list of registered athletes remains subject to change up until the start.

DISCOVER THE 2026 ELITE FIELD

A NEW FORMAT FOR THE WOMEN'S RACE

The 53rd edition will feature an important change to the sporting format, with the elite women benefiting from a separate start.

This adjustment is designed to increase the visibility of the women's race, better showcase the athletes' performances and provide clearer media coverage of the competition.

Women's race start: 10:30 a.m.

Elite men's start: 11:00 a.m.

THE 53RD EDITION IN FIGURES

6,850 PARTICIPANTS

6,850 participants will take the start of the Course des Cinq 4000.

86 NATIONALITIES

Participants representing 86 nationalities will take the start.

15 ATHLETES FROM THE MEN'S TOP 20

Fifteen athletes from the men's top 20 in the 2025 edition will return this year.

11 WOMEN UNDER 3:10

Eleven of the announced athletes have already completed Sierre-Zinal in under 3 hours 10 minutes.

7 ATHLETES FROM THE WOMEN'S TOP 10

Seven athletes from the women's top 10 in the 2025 edition are expected on the start line.

WATCH SIERRE-ZINAL LIVE

The 53rd edition of Sierre-Zinal will benefit from extensive coverage in Switzerland and internationally.

IN SWITZERLAND

The race will be broadcast live on RTS and Canal9.

INTERNATIONALLY

Coverage will be available on Eurosport, TNT Sports, Max / HBO Max and discovery+.

Spectators will also be able to follow the race on giant screens installed in Sierre, Chandolin, Tignousa and Zinal.

Live coverage begins: 10:30 a.m.

[VIEW ALL LIVE COVERAGE INFORMATION](#)

MEDIA APPOINTMENTS

FRIDAY 7 AUGUST – SIERRE

From 5:00 p.m.

Five Obstacles Race, with category starts until 6:15 p.m., Sierre

5:45 p.m.

Press conference, for accredited media, at Restaurant Le Bourgeois, Sierre

6:45 p.m.

Elite athlete presentation in front of Sierre Town Hall

SATURDAY 8 AUGUST – ZINAL

From 8:00 a.m.

Press centre opens, Intersoc Zinal

From 1:25 p.m.

Expected arrival of the first elite athletes in Zinal

[VIEW THE MEDIA PROGRAMME](#)

EVERYTHING YOU NEED TO COVER SIERRE-ZINAL 2026

2026 PRESS KIT

Key figures, the history of the event, the course, athletes and information relating to the 53rd edition.

[VIEW THE PRESS KIT](#)

2026 MEDIA KIT

Official photos, videos, logos and resources for editorial coverage of the event.

[ACCESS THE MEDIA KIT](#)

PRESS AREA

Press releases, official information and the latest Sierre-Zinal news.

[ACCESS THE PRESS AREA](#)

UPDATED INFORMATION

Information concerning the weather, access and any traffic adjustments may change up until race day.

The latest official information is available at: www.sierre-zinal.com

SIERRE-ZINAL — LA COURSE DES CINQ 4000

Saturday 8 August 2026

31 kilometres · 2,200 metres of elevation gain

Sierre-Zinal

”

WE LOOK FORWARD TO WELCOMING YOU

See you very soon to experience the 53rd edition of Sierre-Zinal together!

- The Sierre-Zinal Team



